



**Multiple Sclerosis
& Parkinson's**
CANTERBURY
strong connections

ANNUAL REPORT

22
23



Strategic Plan 2023-2026

Mission Statement

To support and enable people with Multiple Sclerosis and Parkinson's and their whānau to live well

Vision

People in Canterbury affected by Multiple Sclerosis and Parkinson's are living well in their communities

Values

Caring	We are empathetic and sensitive to individual situations and needs
Enabling	We encourage and support self-management and independence
Responsive	We proactively respond to our changing community
Equity	We embrace Te Tiriti o Waitangi and strive to focus on equity and diversity

Strategic Objectives

Service delivery: Services and programs are responsive to the growing needs of the MS and Parkinson's community, encouraging them and their whānau and carers to live well in the community.

Organisational sustainability: A sustainable model is in place that encompasses our people, our finances, and the environment

Accessibility and profile: The profile of Multiple Sclerosis and Parkinson's Canterbury is recognised and enhanced to ensure we are accessible to all

Collaboration and engagement: Positive relationships with community and allied health providers, funders, and other stakeholders are maintained and developed

Digital Pathways: Our digital tools and processes are utilised to support best practice systems, resources and engagement

What we plan to do	Strategic Objective
Embed the health and wellbeing approach in all we do	Service delivery - Collaboration and engagement Digital pathways
Focus on social connection with an emphasis on mental health and wellbeing	Service delivery - Collaboration and engagement
Connect and support under-represented service users including those diagnosed at a younger age, Māori, Pasifika, and ethnic communities.	Service delivery - Accessibility and profile - Collaboration and engagement - Digital pathways
Incorporate Te Tiriti o Waitangi into our policies and practices - training and develop relationships with kuia/kaumātua.	Service delivery - Organisational sustainability - Accessibility and profile
Develop relationships with community and allied health providers, contractors, and other BrainTree tenants to ensure that our services are integrated and reflect community need	Service delivery - Organisational sustainability - Accessibility and profile - Collaboration and engagement
Build regional and national alliances for collaborative development of MS and Parkinson's support and services	Organisational sustainability - Collaboration and engagement
Be recognised as an organisation of choice by providing credible information, education and services for MS and Parkinson's and associated conditions	Organisational sustainability - Accessibility and profile - Collaboration and engagement
Ensure a framework is in place to communicate and engage with a wide and diverse audience	Service delivery - Accessibility and profile - Collaboration and engagement - Digital pathways
Actively build team culture by recognising and supporting organisational and professional development	Organisational sustainability
Identify funding streams to plan, model and forecast services and the financial requirements of the organisation	Organisational sustainability
Develop and implement metrics that promote good organisational decision making	Service delivery - Organisational sustainability
Build evaluation and feedback into ways of working for continual improvement	Organisational sustainability
Consolidate systems and processes to form a solid foundation for on-going sustainability	Service delivery - Organisational sustainability - Digital pathways
Grow financial literacy to aid awareness of budgets and business cases	Organisational sustainability
Ensure digital systems are robust and fit for purpose to support the strategic objectives	Organisational sustainability - Digital pathways

Our Impact



We supported 1223 people with MS and Parkinson's

2177 attendances to Activation Programs



501 Activation Sessions held

460 Nurse Consultations and Assessments



14 peer support groups

708 attendances to peer support groups



1367 people reached via on-demand digital resource

22 Allied Health Services Sessions



179 people attended our workshops and education sessions



A Digital Exercise

Meet Rob, a dynamo with Parkinson's who's a regular in our exercise programmes and volunteers for MSPC several times a month.

As Rob recounts "After meeting Amin at the MSPC Volunteer Celebration lunch, I booked in for a Fitness Assessment. When I saw what useful measurements he was taking manually, I knew I had to help him store these details in an orderly manner and make recall and reporting as easy as possible."

Luckily for Amin, it turns out, Rob's not just into our programmes; he's a coder still doing his business.

Amin knew he was stuck with a paper-based Assessment model, and as he notes "the idea of making a digital database was giving me a headache". Fast forward a couple of months, lots of emails, and Rob worked his magic. Using available Microsoft Office tools, Rob built the Assessment system, over several iterations, under Amin's guidance, "He helped me build the assessment database without charging a cent! What might have been so expensive, got sorted all thanks to one generous soul" says Amin.

Our free exercise assessments are one of the 'pou', the foundational pillars, of our service offerings. We know that exercise helps maintain function and independence for people with Parkinson's and Multiple Sclerosis, while also helping with the management of fatigue and other symptoms. We offer seventeen classes a week, fourteen of which require an assessment. That is a lot of manual input now avoided!

Last word goes to our tech superhero and most marvellous volunteer Rob, "And so, it has become a useful tool, I understand".



Search by name: Michael J Fox | Recent | New Person | New Assessment | Fitness Report

First Name: Michael J | Last Name: Fox | Date of Birth: 09-06-1961 | Age: 62 | Gender: Male | Max HR: 104 | Condition: Parkinson's | ActiveLevel: 1.0 | NHNo: FOXY123

Assessments: 24-07-2023

Assessed	24-07-2023	Range of Motion	Right	Left	Muscle Strength	Right	Left	Time Up And Go	1
Height	160	Cervical Rotation	1	1	Hand Grip	1	11	Functional Reach	1
Weight	60	Shoulder Flex	1	1	Arm Push	1	1	4 Step Balance	
Waist	105	Shoulder Abd	1	1	Shoulder Abd	1	1	Number Reached	1
Hips	85	Ankle Dor Flex	1	1	Seated Hip Flex	1	1	HR Pre-Test	1
BP	123/84	Ankle Plan Flex	1	1	Knee Extension	1	1	HR Post-Test	1
HR Resting	50	Chair Sit Reach	1	1	Ankle Dor Flex	1	1		
Target Mod	107				Ankle Plan Flex	1	1		

Summary: Good progress
Treatment:

Spell check

Board Chair Report

Anne-Marie Kite, Board Chair 2022/23

"Me mahi tahi tatou mo te oranga o te katoa"

This annual report marks the first year of our organisation operating as a Charitable Trust. As such we will be reporting on our financial results to the 31st of March 2023 and provide an overview of activities for the year. The annual report is available on our website and New Zealand Charities Register as an annual public meeting is not required.

The financial year provided challenges and opportunities resulting in a positive year with MS and Parkinson's well positioned to provide a wide range of services and programmes for the future encompassing our health and well-being approach. The Trust recorded a net surplus of \$8,279 which in a year of rising inflation and tightening community funding is a good result.

Our move to Braintree enabled us to embed our health and wellbeing approach by increasing our activities with improved gym facilities, a separate consultation room for assessments, and spaces for education sessions and workshops. One of the biggest benefits is the social space for our people to connect informally or within a peer support group.

In 2022-23 we farewelled our Manager, Karla Gunby; Physiotherapist, Tara Martin; Nurse, Elspeth McKeon, and Office Administrator, Kirsty Bodi. They all provided vital services over a period of change, and we thank them for their work and commitment and wish them well. In April 2022 Lina Stroud joined the team to lead our Marketing and Fundraising efforts, followed by Jennifer Rowlands, Health Nurse, and Ty Scott, Community engagement in July. We welcomed Amin Daneshfar in January to manage our activation programmes, and Kelly Rowlands joined us as Office Administrator in February.



Cont.

After years of sterling service, hard work, and dedication Malcolm Rickerby and Ann Morrison retired from the Board at the end of 2022. Malcolm has given exceptional service, spearheading the establishment of BrainTree, taking the role of chair for a 12-year period, and representing the region on MS New Zealand. Ann has been a long serving Treasurer, Board member; and mentor to both staff and members. We thank them both for their past and on-going passion and commitment to MS & Parkinson.

In December 2022 Dave White; Jodi Gauci and Sandy Dunn joined the Board of Trustees we are delighted to have their skills and energy on the Board.



MSPC Board from left; Danielle Kennedy, Rachel Teahen, Jodi Gauci, Ingrid Robertson, Sandy Dunn, Anne-Marie Kite and Travis Gordon

We thank all those who have supported us over the past year whether it be as a volunteer, speaker, donor, funder, sponsor, or allied health provider. With a marked increase of people being diagnosed with MS and Parkinson's and the consequential demand for our support, we remain reliant on community funding and fundraising activities to provide our services. We look to the new financial year to extend access to our exercise and education programmes, health and well-being services, social connection opportunities and communications.

Ngā mihi nui

Anne-Marie Kite

Board Chair

Out into the world - Into Life

The ocean does not discriminate. Professional and amateur sailors alike face the same weather and sea conditions, as MSPC Board Member, Ingrid Robertson can attest - aboard an Ocean of Hope voyage Ingrid spent seven, mostly calm, days at sea.

Oceans of Hope was founded by Dr Mikkel Anthonisen, a specialist at Copenhagen University Hospital, Rigshospitalet, in Denmark. A doctor, psychotherapist, and sailor, Mikkel has been working with multiple sclerosis patients since 2010, and it was a conversation with a patient that sparked the idea of sailing voyages with changing crews consisting of those affected by MS.

Research shows there are many benefits of physical activity for patients with MS. There will be no 'passengers' on board; each crew member will play an active part in the voyage carrying out a range of tasks according to their ability, including sail changes, helming, cooking and cleaning on board, and teamwork will be the key to the success of the voyage.

Ingrid writes " We set off sailing on Saturday morning for the day and came back for a night - I think that may have been in case some wanted to get off for whatever reason. We then set off on our adventure on Monday where we spent the next six days sailing. We stayed anchored or moored at a few different islands - Southwest of Angistri, Epidavros, just off Agina east of Poros and Poros."

Oceans of Hope creates a framework for human development and growth through sailing. It nourishes people's full potential for the benefit of themselves and for the community, an aspect that Ingrid can confirm, "Everyone gets something out of the challenges and Cisco who works for Sailing MS in the States is going for his Skippers license. Owen (the Captain) handed the boat over to him on our return from Poros to Athens. So, he was our boss for the day, he did an amazing job of leading us even making sure we didn't get hit by the cargo ships crossing in front of our little boat!"

Since 2018 Ingrid has organised four Oceans of Hope Challenge NZ events, taking over 120 people with MS on sailing adventures. She is inspired to help others with MS to find their magnificence. Due to her continued involvement in Oceans of Hope, Ingrid was awarded the 2022 Esme Tomblison Award from MSNZ. Ingrid organises sailing trips to provide opportunities for others with MS to meet people also diagnosed, learn from each other, feel empowered, and push the limits of what they think they can achieve. Ingrid is an inspiration to everyone she meets, encouraging people to "Believe in yourself."



Performance Report

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust
For the year ended 31 March 2023

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Entity Information

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

'Who are we?', 'Why do we exist?'

Legal Name of Entity

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust

Entity Type and Legal Basis

Charitable Trust

Registration Number

CC59857

Entity's Purpose or Mission

To support and enable people with Multiple Sclerosis and Parkinson's and their whānau to live well in Canterbury.

Entity Structure

The day to day operations are the responsibility of the Manager and the Trust has a total of six paid staff members. Their are eight Trustees on the board who oversee the governance of the organisation.

Main Sources of Entity's Cash and Resources

The main sources of funding are from grants from Trusts and other philanthropic organisations. The Trust also receives revenue from donations, fundraising, government contracts and providing services.

Main Methods Used by Entity to Raise Funds

Fundraising activities include an annual appeal and annual golf tournament.

Entity's Reliance on Volunteers and Donated Goods or Services

The Trust's board are all volunteers. The majority of other volunteers assist with the annual appeal and other fundraising activities. We also have weekly office and gym volunteers that assist in providing services.

Physical Address

70 Langdons Road, Papanui, Christchurch, 8053

Approval of Financial Report

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

The Trustees are pleased to present the approved financial report including the historical financial statements of Multiple Sclerosis and Parkinson's Canterbury Charitable Trust for year ended 31 March 2023.

APPROVED



Anne-Marie Kite

Chairperson

Date 30.10.2023



Rachel Teahen

Treasurer

Date 30.10.2023

Statement of Service Performance

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

'What did we do?', 'When did we do it?'

Description of Entity's Outcomes

Guided by the Māori whakataukī (proverb) - *Me mahi tahi tātou mo te ora o te katoa*, we must work together for the wellbeing of all, our team provides free assessments and support for people with Multiple Sclerosis (MS) and Parkinson's and their whānau in Canterbury.

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust (MSPC) provides services and support for those with or affected by MS or Parkinson's, which are life-long chronic neurological conditions. We have been part of the Canterbury community for 60 years and in 2022 we widened our reach when we changed from a membership Society to a Trust. This removed the annual subscription fee ensuring cost was no longer a barrier to our services and also enables us to support the whānau of those affected by MS and or Parkinson's.

Currently there are no dedicated publicly funded community services available specifically for people with MS and Parkinson's in our region. MSPC supports over 1200 people affected by MS or Parkinson's in Canterbury Waitaha, and this is expected to double in the next fifteen years. Our vision is for people in Canterbury affected by MS and Parkinson's to live well in their communities and we do this by:

- Reducing barriers to service for all experiencing or affected by Multiple Sclerosis and Parkinson's in Canterbury
- Providing tools for self-management and wellbeing at home and in the community
- Minimising travel barriers, so support is accessible within their communities
- Reducing isolation and loneliness for all experiencing or connected to these conditions
- Improving mental well-being and social connection
- Empowering people to make informed decisions

We believe health and wellbeing encompasses all parts of a person - their physical, spiritual, mental, and emotional wellbeing, as well as the wellbeing of their whānau. MSPC supports the hauora (spirit) of a person through their multidisciplinary Health and Wellbeing Team. Medical evidence shows that a total wellness approach covering exercise, diet, cognitive stimulation, and social connection, has a hugely positive impact on tackling brain health.

We provide the following services to achieve this:

- **Activation Programs** - We run exercise activities to assist in keeping active and maintaining wellness including 'Chair Tai Chi', 'Balance and Mobility' and 'Fit for Life' classes that all incorporate fun and functional fitness. These are delivered at our onsite specialist gym, and in community facilities.
- **Health Services** - One to one consultations offered by our exercise physiologist, registered nurse, and social worker (since May 2023). All are clinical professionals, and their services are provided free of charge. These are delivered on site and at outreach clinics in Ashburton and Rangiora. We provide comprehensive health and wellbeing assessments, with individualised plans for each person.
- **Social Connection** - We coordinate groups and activities to connect people, aiming to reduce isolation. These groups provide the opportunity for people with lived experience of these conditions to share their experiences, as well as tips and tricks. We know that our groups are well received "Thank you, this is just what I needed." and "In the room with people who know what you're talking about...it is moral support from people who understand"
- **Education and Workshops** - We empower people with evidenced based information through education which is very well received "I liked the laughter yoga workshop for the de-stressing, the connection, fun." and "Good to hear from a researcher's point of view. The passion they have." We offer a series of keynote speakers which are in person sessions as well as live streamed.
- **Allied Health Services** - We facilitate sessions with a speech language therapist and specialist podiatry services.

This statement should be read in conjunction with the accompanying performance report and review report.

Description and Quantification of the Entity's Outputs

		2023
People We Support	People with Parkinson's	728
	New Referrals	48
	People with Multiple Sclerosis	495
	New Referrals	30
Activation Programs	Number of Programs Offered	5
	Total Program Sessions Held	501
	Total Number of Attendances	2177
Health Services	Nurse Assessments - Initial Face to Face	105
	Nurse Consultations - Follow up Phone Calls	355
	Physio/Exercise Physio Assessments - Initial Face to Face	104
	Physio/Exercise Physio Consultations - Follow up Phone Calls	43
Social Connection	Number of MS Peer Support Groups	5
	Number of MS Peer Support Group Sessions Held	18
	Total Number of Attendances	197
	Number of Parkinson's Support Groups	7
	Number of Parkinson's Support Group Sessions Held	34
	Total Number of Attendances	387
	Number of Open Support Groups	2
	Number of Open Support Group Sessions Held	32
	Total Number of Attendances	124
Education & Workshops	Number of Workshops Held	4
	Total Number of Attendances	59
	Number of Education Sessions Held	3
	Total Number of Attendances	120
	Digital Reach	1367
Allied Health Services	Number of Speech Therapy Sessions Held	10
	Total Number of Attendances	68
	Number of Podiatry Services Sessions Held	12
	Total Number of Attendances	112

This statement should be read in conjunction with the accompanying performance report and review report.

Statement of Financial Performance

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

'How was it funded?' and 'What did it cost?'

	NOTES	2023
Revenue		
Donations, fundraising and other similar revenue	1	346,346
Revenue from providing goods or services	1	94,628
Interest, dividends and other investment revenue	1	4,030
Other revenue	1	3,591
Total Revenue		448,595
Expenses		
Expenses related to public fundraising	2	8,450
Volunteer and employee related costs	2	343,572
Costs related to providing goods or service	2	72,630
Other expenses	2	15,663
Total Expenses		440,315
Surplus/(Deficit) for the Year		8,279

This statement should be read in conjunction with the accompanying notes and review report.

Statement of Financial Position

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust As at 31 March 2023

'What the entity owns?' and 'What the entity owes?'

	NOTES	31 MAR 2023
Assets		
Current Assets		
Bank accounts and cash	3	131,832
Debtors and prepayments	3	8,429
Total Current Assets		140,261
Non-Current Assets		
Property, Plant and Equipment	5	5,623
Investments	3	2,703,191
Total Non-Current Assets		2,708,813
Total Assets		2,849,074
Liabilities		
Current Liabilities		
Creditors and accrued expenses	4	21,960
Employee costs payable	4	4,555
Unused donations and grants with conditions	4	62,914
Total Current Liabilities		89,429
Total Liabilities		89,429
Total Assets less Total Liabilities (Net Assets)		2,759,645
Accumulated Funds		
Capital contributed by owners or members	6	2,751,366
Accumulated surpluses or (deficits)	6	8,279
Total Accumulated Funds		2,759,645

This statement should be read in conjunction with the accompanying notes and review report.

Statement of Cash Flows

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

'How the entity has received and used cash'

2023

Net Increase / (Decrease) In Cash

Cash Flows from Operating Activities

Cash was received from

Donations, fundraising and other similar receipts	341,740
Receipts from providing goods or services	86,377
Interest, dividends and other investment receipts	4,761
Receipts from Other Revenue	3,591
Net GST	6,148
Total Cash was received from	442,617

Cash was applied to

Payments to suppliers and employees	(424,058)
Total Cash was applied to	(424,058)

Total Cash Flows from Operating Activities 18,559

Cash Flows from Investing and Financing Activities

Cash was received from

Receipts from the sale of property, plant and equipment	235
Receipts from the sale of investments	35,862
Funds Settled from Society	179,962
Total Cash was received from	216,058

Cash was applied to

Payments to acquire property, plant and equipment	(2,785)
Payments to purchase investments	(100,000)
Total Cash was applied to	(102,785)

Total Cash Flows from Investing and Financing Activities 113,273

Total Net Increase / (Decrease) In Cash 131,832

This statement should be read in conjunction with the accompanying notes and review report.

2023

Net Increase / (Decrease) in Cash

Cash and cash equivalents at end of period	131,832
Less: Cash and cash equivalents at beginning of period	-
Total Net Increase / (Decrease) in Cash	131,832

2023

This is represented by

Bank Accounts and Cash	131,832
Total This is represented by	131,832

This statement should be read in conjunction with the accompanying notes and review report.

Statement of Accounting Policies

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

'How did we do our accounting?'

Basis of Preparation

The entity has elected to apply PBE SFR-A (NFP) Public Benefit Entity Simple Format Reporting - Accrual (Not-For-Profit) on the basis that it does not have public accountability and has total annual expenses equal to or less than \$2,000,000. All transactions in the Performance Report are reported using the accrual basis of accounting. The Performance Report is prepared under the assumption that the entity will continue to operate in the foreseeable future.

Goods and Services Tax (GST)

The entity is registered for GST. All amounts are stated exclusive of goods and services tax (GST) except for accounts payable and accounts receivable which are stated inclusive of GST.

Revenue Recognition

Revenue is measured at the fair value of the consideration received or receivable to the extent it is probable that the economic benefits will flow to the organisation and revenue can be reliably measured.

Donations and grants are recorded as revenue on receipt unless there are unfulfilled conditions attached to the income. In which case the amount relating to the unfulfilled conditions is recognised as a liability and moved to revenue as the conditions are fulfilled.

Expenses

Expenses have been classified by their business function.

Accounts Receivable

Accounts receivable are stated at their estimated realisable value. Bad debts are written off in the year in which they are identified.

Income Tax

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust is wholly exempt from New Zealand income tax having fully complied with all statutory conditions for these exemptions.

Bank Accounts and Cash

Bank accounts and cash in the Statement of Cash Flows comprise cash balances and bank balances (including short term deposits) with original maturities of 90 days or less.

Investments

The investment in Canterbury Brain Collective Limited has been accounted for using the Equity Accounting Method. The basis of using the Equity Accounting Method is under PBE IPSAS 7.

All other investments are recorded at Market Value. The Trust has adopted PBE Tier 2 accounting standards in the preparation of these accounts. The share investments have been accounted for using PBE IPSAS 28-30 Financial Instruments.

This statement should be read in conjunction with the accompanying notes and review report.

Property, Plant & Equipment

Property, plant and equipment is recognised at cost less accumulated depreciation. Historical cost includes expenditure directly attributable to the acquisition of assets, and includes the cost of replacements that are eligible for capitalisation when these are incurred. All other repairs and maintenance are recognised as expenses in the statement of Financial Performance in which they are incurred.

Gains and losses on disposal of fixed assets are taken into account in determining the net result for the year.

Changes in Accounting Policies

This is the first period of financial reporting undertaken by the Trust. Accordingly, the accounting policies stated above will form the basis of all reporting.

Notes to the Performance Report

Multiple Sclerosis and Parkinson's Canterbury Charitable Trust For the year ended 31 March 2023

2023

1. Analysis of Revenue

Donations, fundraising and other similar revenue	
Donations	33,317
Fundraising Income	71,387
Grant Income	240,642
Bequest Income	1,000
Total Donations, fundraising and other similar revenue	346,346
Revenue from providing goods or services	
Government Contract Income	70,788
Activation Program Income	18,867
Other Services Income	4,973
Total Revenue from providing goods or services	94,628
Interest, dividends and other investment revenue	
Bank Interest	524
Craigs Investment Income	3,506
Total Interest, dividends and other investment revenue	4,030
Other revenue	
Sundry Income	3,591
Total Other revenue	3,591

2023

2. Analysis of Expenses

Expenses related to public fundraising	
Fundraising Expenses	8,450
Total Expenses related to public fundraising	8,450
Volunteer and employee related costs	
Acknowledgments	215
Salaries & Contractors	339,609
Staff Expenses	3,748
Total Volunteer and employee related costs	343,572
Costs related to providing goods or services	
Computer Expenses	13,849
Program Expenses	762
Insurance	2,692
Light, Power & Heating	2,364
Other Expenses	2,195
Printing, Postage & Stationery	2,237
Registrations & Membership Levies	1,233
Rent & OPEX	37,455

These notes should be read in conjunction with the performance report and the review report.

2023

Subscriptions	5,293
Telephone, Tolls & Internet	4,228
Travel Expenses	322
Total Costs related to providing goods or services	72,630

Other expenses

Audit Fees	3,800
Bank & Investment Advisor Fees	2,215
Depreciation Expense	2,988
Loss on Asset Disposal	6,282
Unrealised (Gains)/Losses on Investments	379
Total Other expenses	15,663

2023

3. Analysis of Assets**Bank accounts and cash**

Current Accounts	91,536
Call Accounts	40,296
Total Bank accounts and cash	131,832

Debtors and prepayments

Accounts Receivable	8,252
Prepayments	177
Total Debtors and prepayments	8,429

Investments

Craigs Investment Portfolio	98,866
Canterbury Brain Collective Limited - 50% Equity Share	2,204,325
Canterbury Brain Collective - Shareholder Advance	400,000
Total Investments	2,703,191

Term Investments - Canterbury Brain Collective Limited

The Trust holds a 50% share in the Canterbury Brain Collective Limited, a charitable company. This company was formed to build a modern facility as a base for our needs and those of related neurological charities and organisations. This facility operates under the the umbrella name of 'The Braintree Wellness Centre'. The Trust is a paying tenant of the facility. In the financial statements we are required to report our 50% share in this company using the equity accounting method under PBE IPSAS 7 which is reflected as above with a closing balance of \$2,204,325.

The Trust has also advanced \$400,000 to the company as at 31 March 2023.

These notes should be read in conjunction with the performance report and the review report.

2023

4. Analysis of Liabilities

Creditors and accrued expenses

Accounts Payable	17,590
Accrued Expenses	4,370
Total Creditors and accrued expenses	21,960

Employee costs payable

Holiday Pay Owing	4,555
Total Employee costs payable	4,555

Unused donations and grants with conditions

Grants	62,914
Total Unused donations and grants with conditions	62,914

2023

5. Property, Plant and Equipment

This Year:

Asset Class	Opening Amount	Additions	Disposals	Current Year Deprecation	Closing Amount
Furniture & Fittings	-	\$2,652	\$1,664	\$187	\$801
Gym Equipment	-	\$5,864	\$4,733	\$57	\$1,074
Electronic Equipment	-	\$6,611	\$120	\$2,744	\$3,747
Total	-	\$15,127	\$6,517	\$2,988	\$5,622

2023

6. Accumulated Funds

Accumulated Funds

Capital contributed by owners or members	2,182,318
Accumulated surpluses or (deficits)	8,279
Movement in Canterbury Brain Collective Ltd Equity Share (50%)	569,048
Total Accumulated Funds	2,759,645
Total Accumulated Funds	2,759,645

These notes should be read in conjunction with the performance report and the review report.

2023

7. Commitments**Commitments to lease or rent assets**

Multiple Sclerosis & Parkinson's Canterbury Charitable Trust entered into a lease for the premises at 70 Langdons Road, Christchurch on the 11th June 2022. The lease term is 10 years with two rights of renewal of five years each.	351,441
Total Commitments to lease or rent assets	351,441

8. Contingent Liabilities and Guarantees

There are no contingent liabilities or guarantees as at 31 March 2023.

2023

9. Related Parties**Payables**

Canterbury Brain Collective Limited - 50% Shareholder	370
Total Payables	370

The Trust has a lease with Canterbury Brain Collective Limited for the premises at 70 Langdons Road, Christchurch of which the Trust is a 50% shareholder: Rent Paid \$37,455, Share of Utilities \$3,478

The Trust received grants from Rātā Foundation Limited of which Anne-Marie Kite is a Director of this company and a Trustee of the Trust. Anne-Marie is excluded from any decisions relating to the Trust's grant applications: Grants Received \$48,000

Anne-Marie Kite and David White who are Trustees of the Trust shared the role of Interim Manager for the Trust from 23 January 2023 to 31 March 2023 while the Trust recruited for a new Manager: Amount Paid \$10,864

10. Transfer from Society

On 1 April 2022, the assets of Multiple Sclerosis and Parkinson's Society of Canterbury (Inc), Charity # CC20628 were transferred to this Trust. Accordingly, there are no comparatives as it is the first year of this entity trading as a Trust.

11. Events After the Balance Date

There were no events that have occurred after the balance date that would have a material impact on the Performance Report.

12. Ability to Continue Operating

The entity will continue to operate for the foreseeable future.

These notes should be read in conjunction with the performance report and the review report.

INDEPENDENT ASSURANCE PRACTITIONER'S REVIEW REPORT

To the Trustees of Multiple Sclerosis & Parkinson's Canterbury Charitable Trust

We have reviewed the accompanying Performance Report of the Multiple Sclerosis & Parkinson's Canterbury Charitable Trust, which comprises the entity information and the statement of financial position as at 31 March 2023, statement of service performance, the statement of financial performance, and statement of cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

Trustees' Responsibility for the Performance Report

The Trustees are responsible on behalf of the entity for:

- a) The preparation and fair presentation of the performance report which comprises the entity information, statement of service performance, statement of financial performance, statement of financial position, statement of cash flows, statement of accounting policies and notes to the performance report, in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) issued in New Zealand by the New Zealand Accounting Standards Board, and
- b) For such internal control as the Trustees determine is necessary to enable the preparation of the performance report that is free from material misstatement, whether due to fraud or error.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the accompanying Performance Report. We conducted our review in accordance with International Standard on Review Engagements (New Zealand) (ISRE (NZ)) 2400, *Review of Historical Financial Statements Performed by an Assurance Practitioner who is not the Auditor of the Entity*. ISRE (NZ) 2400 and the review of the entity information and the statement of service performance in accordance with the International Standard on Assurance Engagements (New Zealand) (ISAE (NZ) 3000 (Revised)). Those standards require us to conclude whether anything has come to our attention that causes us to believe that the Performance Report, taken as a whole, is not prepared in all material respects in accordance with the Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit) reporting framework. Those standards also requires us to comply with relevant ethical requirements.

A review of financial statements in accordance with ISRE (NZ) 2400 and ISAE (NZ) 3000 (Revised) is a limited assurance engagement. The assurance practitioner performs procedures, primarily consisting of making enquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with International Standards on Auditing (New Zealand) and ISAE (NZ) 3000 (Revised). Accordingly, we do not express an audit opinion on the Performance Report.

Other than in our capacity as assurance practitioner we have no relationship with, or interests in, the Multiple Sclerosis & Parkinson's Canterbury Charitable Trust.

Conclusion

Based on our review, nothing has come to our attention that causes us to believe that:

- a) The reported outcomes and outputs, and quantification of the outputs to the extent practicable, are not suitable;
- b) The Performance Report does not present fairly, in all material respects,

- The financial position of Multiple Sclerosis & Parkinson's Canterbury Charitable Trust as at 31 March 2023, and its financial performance and cash flows for the year then ended;

and

- The entity information and its service performance for the year then ended; in accordance with Public Benefit Entity Simple Format Reporting – Accrual (Not-For-Profit).

Our review was completed on 31 October 2023 and our opinion is expressed at that date.

PKF Goldsmith Fox Audit.

PKF Goldsmith Fox Audit Limited
Christchurch, New Zealand

31 October 2023

thank you

Grants and Donations Received for the Twelve Months Ended 31 March 2023

The Trust acknowledges the following Trusts and organisations that supported us in 2022/23.

Advance Ashburton Community Fund
Advance Ashburton Grant
Air Rescue and Community Services
Aotearoa Gaming Trust
Baskin - Kerr Trust
Braided River Community Trust
CCC Strengthening Communities Fund
Christchurch Casino
Christchurch City Council
COGS
COGS Canterbury Rural
David Ellison Charitable Trust
Estate of N Grooby
Eva and Harold Wilson Charitable Trust
Four Winds
Harvey Weir Trust
Isaac Construction
Jones Foundation
Kiwi Gaming Trust
Lion Foundation
Lions Club of Oxford
Little Company of Mary
Mainland Foundation
Maurice Carter Charitable Trust
New Zealand Lottery
NZ Community Trust
Papanui Club
Parkwood Trust
Pub Charity
Rata Foundation
Roy Owen Dixie Charitable Trust
Selwyn District Council
Sir John Hall Charitable Trust
The Southern Aotearoa Trust
The Trusts Community Foundation